

Missourians mull medical drugs

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Medical marijuana supporters are preparing for the 2018 campaign to legalize the drug.

A ballot is being proposed which would legalize marijuana in Missouri for medical uses. As of Nov. 15, 2016, a total of 28 states, plus the District of Columbia and Guam, have effective state medical marijuana laws, according to the Marijuana Policy Project. The passage of the 2018 ballot would make Missouri the 29th state to legalize the drug for medicinal uses.

However, the legalization of medical marijuana raises concern for local Maryville law enforcement. The proposed law would allow people with a prescription to not only use the drug, but also grow it in their homes.

Nodaway County Sheriff Randy Strong said his department already has issues regulating the drug, and believes the legalization of it would make it harder to regulate.

“We as law enforcement run into a lot of problems with regulation when it comes to marijuana, and then to throw in the possibility of a law allowing people to grow it themselves just causes even more issues,” Strong said.



PHOTO ILLUSTRATION HANNAH WOODSON | NW MISSOURIAN

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Supporters of medical marijuana are in high hopes to make Missouri the 29th state to legalize the plant.

State lawmakers hear bill to outlaw abortion

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The Missouri state legislature is considering a bill that would amend the state Constitution to say life begins at conception.

Rep. Mike Moon, for the second election cycle in a row, has proposed a bill that would declare personhood to be the combination of sperm and egg. He introduced House Bill 709, or the “Missouri Right to Life Act,” to the legislature with a question.

“Is a sperm alive?” Moon asked, according to the Kansas City Star.

Moon and other supporters of the bill argue that since conception is a combination of two living organisms and the beginning of them developing into a person, an attempt to abort the pregnancy at any point is a violation of natural rights and should be illegal.

“That all persons have a natural right to liberty, pursuit of happiness and the gains of their own liberty,” Moon said. “Oh wait, I forgot life. The right to life is the first and most important of these natural rights.”

According to Vice News, this bill is part of a wave of bills regarding abortion placed in front of state legislatures across the country in 2017, and Missouri finds itself at the forefront of the movement. As of Jan. 12, 46 abortion related bills were being heard and 15 of those bills came from the Show Me State alone. Missouri, Indiana and Texas are the only three states considering legislation that would make abortion illegal.

Moon’s last attempt was passed by the state House 110-37 but not taken up by the Senate, according to the Kansas City Star.

Nodaway County Prosecuting Attorney Robert Rice said whether or not it makes it onto Missouri’s Constitution, the law will be struck down by the nation’s higher powers.

“My initial reaction is that I don’t think it will pass constitutional muster,” Rice said. “I think this law is contrary to the Supreme Court decisions of Roe v. Wade and the sub-

but I’m saying the way he wrote this bill, I don’t think it passes constitutional muster,” Rice said. “I don’t want my thoughts to come off as supporting or opposing Rep. Moon. What I’m saying is the Supreme Court’s interpretation of the law will stand until there is a constitutional amendment or there is a change in the way the Supreme Court interprets the law.”

The official language of the bill’s changes states, “The life of each human being begins at concep-

tion. “A state cannot do that so, in my opinion, it will get overturned; it goes against the constitution.”

Since the federal government has already made a decision on abortion and reserves the right to override states rights, Rice said he believes no legislature from a state level will be able to outlaw abortion.

“I think if Rep. Moon wanted to make this change it couldn’t come at the state level, it would have to be a federal change,” Rice said.

There are many opposed to the

Rice said he can understand the purpose behind Moon’s bill, but that it is not addressing the correct issue.

“I can understand what Rep. Moon is attempting to accomplish, and it’s that he cherishes the right to life,” Rice said. “I believe that life is also too easily thrown away, but I don’t think this in it of itself solves the real problem of how we support women who are pregnant who are faced with a very difficult choice in life of whether to carry a pregnancy to term, if they can carry it to term.”

For Rice, cherishing life means cherishing more than just birth. Rice said the problems that need to be addressed is no longer about reproductive rights, it is about health and safety of mothers in difficult situations.

“I believe focuses should be on pregnancy resource centers which are designed to help persons who are at risk find resources...” Rice said. “To me, if we want to cherish life as much as Rep. Moon does or I think everyone does it is beyond more than just reproductive choice. I think it is more than just a political issue; you have to make it a humanity issue. That means caring, trying, working and going out of your way to support those in difficult situations because, believe it or not, there are people going through more than you are and it’s easy to pass judgement. What’s not easy is going in to help them.”

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“ I think this is more than just a political issue; you have to make it a humanity issue. -Robert Rice, Nodaway County Prosecuting Attorney

sequent decisions. So in my opinion, it would not be able to annul Roe v. Wade, but would instead be struck down as contrary to the law that presently stands.”

Even if the change to the Missouri constitution makes it to the state’s voters and is approved, it will still be subject to the Supremacy Clause of the Constitution, meaning it must answer to the decisions of the U.S. Supreme Court. Rice said this will be the biggest problem facing the bill, and will likely be the reason it cannot take effect.

“In my opinion, I’m not agreeing or disagreeing with Rep. Moon,

tion and is hereby deemed a person; as with all persons, unborn children have protectable interests in life, health and well-being.”

The revisions also do away with a provision providing the Supreme Court with the ability to override the law. The redacted section states, “Subject only to the Constitution of the United States, and decisional interpretations thereof by the United States Supreme Court and specific provisions to the contrary in the statutes and constitution of the state.”

“It’s attempting to say it is going to do this regardless of what the U.S. Supreme Court decides,” Rice

Supremacy Clause in the constitution because they feel states should have more freedom to govern themselves. However, Rice said the purpose of the constitution is not to suppress state rights, but elevate individual rights.

“The constitution is designed to protect individuals from either oppressive or discriminatory acts from the government,” Rice said. “So really, the constitution is not a federal thing, it’s not a Supreme Court thing, it’s about individual rights. It allows you and I to know as we walk out on the street, some state actor... cannot deprive you of your rights.”

Farmers finish February field work

ANNA HASTERT
News Editor | @AnnaHasDirt

Northwest Missouri farmers take advantage of recent warm temperatures, head to the field.

With recent warm temperatures, northwest Missouri farmers are headed to the fields.

University of Missouri Extension Agriculture Business Specialist Randa Doty said local farmers were able to pull anhydrous and start tillage work last week.

“In typical years, we’re still in a thawing time where the average temperatures are warming,” Doty said. “People are getting in there a

little bit earlier because the frost is out of the ground, so they’re able to get their equipment through the soil.”

Sophomore Nat Harder, of Edina, said his family pulled anhydrous last week.

“We ran some in the fall and some in the spring, just to see what works better,” Harder said. “(For) some fields it works better to run it in the fall, with others, it works better in the spring. Time also has a big thing to do with it, whether or not we have enough time to do it.”

School of Agricultural Sciences Director Rod Barr said the recent warm weather provides farmers with

a little more time and allows them to get one step ahead.

“We’re not going to see any seed in the ground, but I think what it does is it extends the window a little bit, and allows them to get some things done that they normally wouldn’t get done,” Barr said. “That’s always good. I think any time we have short windows, it makes life a little more difficult. Anytime you can open that window up, you’re not trying to go as many hours in a day, and I think that just makes things a little better for the producer.”

Doty said the moisture from this past weekend’s snowfall will also prove beneficial to farmers.



ALEXIS GEISERT | NW MISSOURIAN

An anhydrous tank is full for farmers to pick up sits in the gravel lot behind River Valley Agriculture in Hopkins, MO Feb. 28.

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Students encouraged to Thank-A-Donor



BROOKE BEASLEY
Missourian Reporter | @TheMissourian

Student Senate is working to be more inclusive by getting students across campus more involved in annual traditions.

In the Student Senate meeting Feb. 28, committees divulged information on upcoming events Thank-A-Donor and Safe Spring Break.

As explained by Civic Service co-chair Lucy Hilliard, Thank-A-Donor is a day for appreciating everything that is given to the University.

“Thank-A-Donor Day is basically just about thanking our donors,” Hilliard said. “Every year we partner up with the Alumni

House, Bob Machovsky (director of alumni relations and annual giving) and Gabrielle Hawkins (alumni and donor relations).”

This year, the committee is putting together bags of gummy bears with postcards for students to sign for the donors to receive at their donor day ceremony and dinner.

“They definitely help out and most of their money goes to scholarships for students to be able to come here, so basically we take a day out of Northwest week to thank them and honor them for all they do and give us,” Hilliard said.

Hilliard’s Civic Service co-chair Jacob Barnes said it was important for students to participate in Thank-

A-Donor Day.

“I think it’s a great event, especially now, because of budget cuts for the University,” Barnes said. “Our donors really help us out and help us prosper, so this is a great way to thank them and keep them to continue to help us out.”

Safe Spring Break is an event put on with University Police Department (UPD) every year. UPD and Student Senate stand outside the Union the week before spring break to hand out free items to students that will help keep them safe on spring break.

Sen. Ty Franklin is the co-chair for the committee that plans it. Franklin said it is a great event to have students interact with the campus police officers.

“It is just something UPD has put on the past couple of years that Student Senate has helped with,” Franklin said. “It just helps promote and aware students of safe spring break tips. We set up tables outside of the Union and play music. Usually the officers will throw on some sunglasses and fanny packs.”

Franklin said UPD will also have an informational meeting on how to stay safe.

“In the meeting, they’ll hand out different things,” Franklin said. “They’ll have pamphlets of safe ways to have fun on spring break, safe ways to consume alcohol, what to do with hydration, dehydration and things like that.

People like to go to South Padre and other places to have a good time, but UPD wants to make sure all of our students come back safe and have a good time while they’re there, but stay informed of the dangers and more or less horror stories that have occurred on spring break before.”

Student Senate is looking forward to integrating more of the student population into these events.

“It’s really hard to miss. It’s right outside the Union where students come, so if you want a free fanny pack or sunglasses, stop by,” Franklin said.

SHAWNNA KINGSTON | NW MISSOURIAN

Vice President of Student Affairs Matt Baker talks with Student Senate Tuesday afternoon about the 2017 fiscal budget for Northwest and breaks down the budget for all students.

SIGMA PHI EPSILON

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DYLAN COLDSMITH | NW MISSOURIAN

Councilmembers Tim Shipley (left), Renee Riedel (middle) and Mayor Jason McDowell (right) discuss the approved duplex.

Maryville to house new duplex

ANTHONY PROCOPIO ROSS
Chief Reporter | @AnthonyProcRoss

The Maryville City Council approved the rezoning of a residential lot for the construction of a duplex on the corner of West Third Street and North Walnut.

Brandon and Natasha Brand requested the rezoning of their lot to fit with city zoning requirements for duplex development. Community members voiced their concerns about the property surrounding the rezoning potentially turning into more apartment complexes as well as concerns for degradation of the area surrounding the property.

“I did code enforcement for four years,” Brandon Brand said. “I got those calls about too many residents being at a property. I went out at 2 o’clock in the morning and counted cars in the driveway. I sent letters to say, ‘hey we need to see your lease because it looks like you have way more people staying

there.’ We did everything we can to enforce it. I did not do it on my own however. This is where reporting suspicious activity is helpful.”

The council approved this rezoning with a vote of 4-1. The duplex is expected to be two stories tall and will contain eight bedrooms.

The city’s annual audit reports were presented by Representative Mike Williams from Hochschild, Bloom and Company, LLP, St. Louis. The 2016 audit reportedly came back with good results for the city.

Burny’s Sports bar was approved as the host for the St. Patrick’s Day Parade. The parade is planned to take place March 17 at 5:17 p.m.

Maryville Public Art Committee representative Joyce Cronin announced the four sculptures to be leased for display in the downtown area. The pieces chosen were “Fans,” “The Farmer,” “Why o Why” and “Last Spirit Bear”.

“It was a unanimous decision on what we had chosen between the downtown merchants,” Cronin said. This is the one we are the most excit-

ed about (Last Spirit Bear). This will be over by the farmers market. We are hoping that children will interact with it, climb on it, get their picture taken with it.”

City Manager Greg McDaniel announced Maryville Public Safety’s plans to purchase a drone for search-and-rescue efforts with the aid of a \$2,500 grant from Walmart.

McDaniel said structural improvements on the building sitting at the corner of Third and Buchanan should be completed in the next four weeks.

McDaniel said that the city is in the application process for a \$350,000 grant through the Missouri Department of Economic Development for future funding to the fire bay toward a potential new public safety facility.

McDaniel revealed that the City of Maryville received the Excellence in Concrete Pavement award for the city’s airport runway project.

University urges students to branch out

ANTHONY PROCOPIO ROSS
Chief Reporter | @AnthonyProcRoss

Motivational humorist, real estate business strategist, consultant and author Karel Murray talked with students about the best practices in dealing with stress and organizational difficulties for Northwest's Career Pathing program.

According to the Career Pathing webpage, "this fast-paced, content-packed presentation identifies the internal and external influences that create chaos and stress in our daily lives."

Murray has earned the National Speakers Association's distinction as a Certified Speaking Professional and the Real Estate Educators Association designation as a Distinguished Real Estate Instructor. Over the course of her career, she has presented to over 80,000 people and has written four books.

In her presentation, Murray said trust, support, appreciation and accountability are required in our environment to break out of our comfort zone.

"Most of the impactful things that happen in our lives happen in a snap of the fingers," Murray said. "Everything is going perfectly fine, and then it's not. There is one thing that you can do, and that's breathe. People are going to push you to go faster. Circumstances are going to push you to go faster. You can gain control."

Addressing topics of stress and organization with humor, Murray walked the group through ways of improving themselves and reaching further than they may have already previously attempted.

"There's nothing you can do to fix what's behind," Murray said. "You can only do, what you can do in the next moment. Change would be really easy if it weren't for all of the people. You have been conditioned by others to think 'this is the right way to do it,' so you do it. What if you want to do something different? Stress happens when you want to change."

The group used exercises to gauge participants' individual levels of stress to determine the proper courses of action to best address them.

"You are going to do more for less; you're going to give away more," Murray said. "So, if you think you are working long hours now, expect that to maybe intensify. When we look at the ability to make fast decisions, I want you to hang on to that because the world is going really, really fast. You're not going to have three months to make a decision. You're not going to have a month to make a decision."

Career Pathing offers events to students, faculty and community members for personal development purposes. Student employees who meet specific criteria and attend these sessions have the opportunity to receive pay raises.



ANNASTASIA TUTTLE | NW MISSOURIAN
Northwest student Beth Wells (left) networks with other students at Career Pathing Feb. 20, offered to student employees.

Lettuce Dream grows outside its greenhouse

MYRANDA NERUD
Chief Reporter | @thatkidmyranda

Lettuce Dream is a nonprofit organization involved in hydroponic farming. It hopes to train those with cognitive disorders in efforts to prepare them for future job opportunities.

Director of Lettuce Dream Charlie Clodfelter said the organization had some issues with its first crop, but things are looking brighter.

"Trying to learn the environment in the greenhouse slowed down production at first," Clodfelter said. "Things are better now. We are selling at Hy-Vee and Kawasaki."

Hy-Vee was the first business to sell Lettuce Dream's products. Its products can be found in the produce section in a live display.

"We put it in a live display so people can see how it is grown in the greenhouse, and it helps cut down our plastic usage," Clodfelter said.

Hy-Vee Produce Manager Brian Smail said the produce has been



ANNASTASIA TUTTLE | NW MISSOURIAN
Lettuce Dream, a hydrofarming plant in Maryville, is in high hopes for the season with a recent growth in sales.

doing well and he has heard positive remarks regarding the lettuce.

"It's been (on sale) since November; we have sold over 1,000

units since then," Smail said. "I had a lady recently tell me she makes a special trip to Maryville for the lettuce since she tried it at a friend's."

Lettuce Dream is also working with Kawasaki in Maryville. Clodfelter said they are trying to provide a healthy meal option for workers.

"Kawasaki has an employee wellness program, and we are working with them to have an alternative healthy lunch option for the employees," Clodfelter said.

Clodfelter said Lettuce Dream's next goal is to try and work more with the University.

"We are trying to get in with Aramark to give students a better lettuce option," Clodfelter said.

Lettuce Dream is also working on making a table for microgreens. Clodfelter said microgreens are baby plants more dense in nutrients than mature crops.

"A lot of crops can be made microgreen," Clodfelter said. "They have a more intense flavor and can be used as a garnish."

Clodfelter said Lettuce Dream will be adding more crops in the future, and are looking into Asian

greens.

Although its sales have been improving, Lettuce Dream is always seeking volunteer help.

Lettuce Dream Volunteer and Training Coordinator Amy Gassert said they are always looking for volunteers. The volunteers will be helping mostly with harvesting the plants and cleaning.

"We have had a big interest (for volunteering) from the community and on-campus (community)," Gassert said.

Gassert said Lettuce Dream will be on campus March 6 and 8. It will set up shop at the information tables on the second floor of the J.W. Jones Student Union from 11 a.m. to 2 p.m. to inform students of the organization's volunteering opportunities.

The non-profit also plans to host its Taste of Green luncheon March 10 at the First United Methodist Church from noon to 2 p.m.


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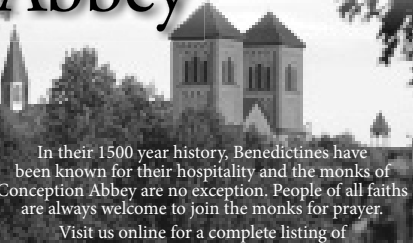
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OUR VIEW:

Medical marijuana should be allowed

Marijuana is a word carrying a lot of weight, especially in an extremely political year. For most, the word marijuana brings negative connotations, as it is, without question, a drug. Unfortunately, even when marijuana is presented with “medical” in front of it, these same people refuse to look past the surface.

With a new campaign created by the drug’s supporters taking effect soon, backlash from a wide variety of naysayers is nearly guaranteed.

The negative connotation associated with marijuana needs to be dropped if we are to move forward as a society, at least when looking at the drug’s medicinal properties.

The legalization of recreational marijuana and the legalization

of medicinal marijuana are two different topics for good reason.

When it comes to the latter, a bit of selflessness may be required, but it is selflessness going toward helping someone who may be in a great deal of pain.

The medical use of the drug even goes further than this, with a study from Wexner Medical Center at Ohio State University showing use of the drug caused a decrease in tumor size in some breast cancer patients. Medical marijuana has the power not only to ease pain, but to potentially save lives.

Interestingly, marijuana garners a lot of attention when it comes to the war on drugs, but there seems to be a welcomed presence of ignorance when it comes to many other popular drugs.

Any coffee fans out there? According to a study conducted by Villanova University, an average of 90 percent of Americans consume caffeine in some form every single day, making caffeine America’s most popular drug by a longshot.

It sounds strange to call caffeine a drug, but when you look at how it affects a college campus, it is almost impossible to deny caffeine its true label.

Unless 90 percent of Americans are against marijuana, there is a great number of people who are hypocrites.

Those who argue caffeine is a much safer option than the dreaded marijuana should do a bit of research.

Both very rarely cause death, but according to the Mayo Clinic, it only takes about 500 to 600 milligrams of caffeine to cause side effects such as

insomnia, nervousness, restlessness, irritability, an upset stomach, a fast heartbeat and even muscle tremors. With the average caffeine intake in America at about 350 milligrams, equivalent to two cups of coffee, many of us are not too far off from experiencing these side effects.

Even with these facts, there is still a large group adamant on ridding marijuana from the public mind entirely. The word medical is still ignored with this group.

We often ignore newly found facts when looking at modern controversial topics in order to stay on a path we have felt comfortable with for decades. Comfortability is not an inherently bad term, but sometimes stepping outside of our comfort zone is necessary.

Legalizing medical marijuana

does not mean everyone will be smoking pot. It is only a small step toward the inevitable, and will help ease the pain those with incurable illnesses feel.

There will certainly be those who use the drug recreationally, but this risk is minimal compared to the possible benefits.

Again, these are things we are unable to research further until some sort of large scale use is put into effect.

So, the next time a petition comes your way, or the next time you have the option to cast a vote, take these things into consideration. It is one of the many opportunities we have as citizens in America to make a noticeable difference.

Millenial brains are just wired differently

MEKA WRIGHT
Opinion Columnist
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The television is playing old episodes of “Friends” and I glance up periodically to chuckle. My laptop is open in front of me, the Google Chrome tabs displaying different areas of my focus: YouTube hair tutorials from yesterday, my schedule for the week, PowerPoints of notes for class in the morning and a study guide for an upcoming exam, all open.

My cellphone lights up from the corner of my eye, reminding me of an appointment that will begin in 45 minutes. I blur through my tasks simultaneously.

This ability to divide focus is standard for most modern college students. Millennials have become the epitome of multitaskers.

Because this is normal for most millennials aged 18 to 27, we do not notice the extent of what is happening to our brains in these hyperactive moments.

According to a study by the Pew Research Center, technology investors and critics agreed that millennials’ brains are “wired” differently than older generations.

The debate comes with whether this has a positive or a negative effect on our hyper-connected lives.

Fifty-five percent of the surveyed technology investors believed this different wiring is a positive for our generation. The other 45 percent believe this multitasking is a negative result of distraction.

Millennials being wired differently is an effect of technology.

The world has seen extreme technological advances in the last decade alone. Millennials are only adapting cognitively to better navigate the technological generation we were born into.

According to an article by entrepreneur Vivian Giang, millennials are considered to be extremely tech savvy and enthusiastic about their careers.

Though millennials are considered to be



COLIN VAUGHN | NW MISSOURIAN

more educated and connected due to our constant absorption of information, the National Institution of Mental Health says the human brain is not fully developed until the age of 25.

Millennials are tied so heavily to technology that our brains have possibly undergone drastically different developments than those of our parents.

“Technology use can affect the parts of the

brain that control the core of a person’s personality, from how they work in a team down to hand gestures and expressions,” intern for Public Sources Elaina Zachos said.

These changes affect the way millennials communicate. Millennials are more adept at electronic communication compared to face-to-face communication, but this electronic communication is needed to be successful in careers

in our society.

While face-to-face communication is still important, having a healthy knowledge of technology is more useful to companies.

Our tech-savvy motivations allow us to be separated from other generations and allows us to think outside the box. We have adapted, as way of survival, in the technology world.

Consumers should take responsibility for media bias

CORIE HERTZOG
Opinion Columnist
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Being a republican in journalism is an unique experience. Nearly all of my colleagues lean a bit more left than I do, and many conservatives are shocked that I do not plan to work for Fox News.

From both sides, I often get asked why I picked journalism. The answer is simple: to help bring an end to the trend of biased news.

“We read headlines providing the same information, but worded in a way that presents a bias,” contributor for the College Conservative Reid Hansen said.

Biased news is when a news source, such as a newspaper, delivers personal opinions as facts, manipulates the truth to serve its ideology or only reports on the events portraying its side positively or the

other side negatively.

According to Student News Daily, there are six ways to create biased news: omission, selection of sources, story selection, story placement, labeling and bias by spin.

Bias by omission is when a reporter leaves out one side of the story.

“Ignoring facts that tend to disprove liberal or conservative claims, or that support liberal or conservative beliefs, bias by omission can occur either within a story, or over the long term as a particular news outlet reports one set of events, but not another,” Student News Daily said.

Bias by selection of sources is very similar. Essentially, the reporter includes more sources who support one side more than the other.

When defining bias by story selection, Student News Daily said it best, “It is a pattern of highlighting news stories that coincide with the agenda of either the Left

or the Right, while ignoring stories that coincide with the opposing view, printing a story or study released by a liberal or conservative group but ignoring studies on the same or similar topics released by the opposing group.”

Bias by story placement means the more important the story, the closer it is to the front page.

People use this to promote their ideology by picking issues that they deem important whether or not they are major issues.

Another example is by covering something such as a protest for one side and placing it on the front page then placing a similar event for the other side is buried towards the back.

Bias by labeling is one of the easiest to spot. This form of bias is when a reporter gives extreme or misleading labels to one group while giving no or more moderate labels to

another group.

Finally, bias by spin is one of the hardest to spot and less used. This form of bias is when the reporter inserts his or her opinions with objective facts.

To put it simply, the news outlet makes its side look more appealing.

Some of the greatest examples on both sides of the spectrum are Occupy Democrats, MSNBC, Fox News and Breitbart.

While most sources tend to lean more liberal, there is also a lot of conservative bias. Yes, Tomi Lahren and Milo Yiannopoulos, you are biased.

I understand that no matter what, there will always be bias in the news. It is just human nature, and to be completely fair, most people do not even notice.

News and media are meant to deliver the truth. As English Instructor Luke Rolfes said, “media is a

watchdog.” The job is to deliver the facts, keep everyone in the know and call out injustice when seen.

So how did we end up like this? News sources are willing to twist every word to incriminate the opposing viewpoint.

How did journalism go from being a respected occupation to, as President Donald Trump said, “the enemy of the general public?”

I am not sure, but we can help prevent ourselves from getting sucked into the bias. Simply keep in mind where each party stands on the subject.

Also, listen to multiple sources from different views and make sure the writer has credibility. By taking those measures, we might be able to end the era of ignorance and not blindly follow news sources.

Grants provide opportunities for Ag. Sciences

KYLE YEHLÉ
News Reporter I @TheMissourian

Two recent grants will support the Northwest School of Agricultural Sciences’ efforts of enhanced student research and agriculture awareness in local schools.

The awarded funds combined for a total of \$225,000, and will aid in the construction of a covered beef-feeding facility, as well as establish an area food and agriculture education initiative.

Director of the School of Agricultural Sciences Rod Barr said the smaller of the grants, a \$75,000 allotment from the Missouri Agricultural Foundation, is earmarked for beef-feeding research.

“Missouri ranks No. 2 in the nation in cow-calf pairs,” Barr said. “But, we don’t rank high in feeding out beef cattle. Basically, we ship weaned calves to feedlots out west. We’re trying to retain some of those in Missouri.”

Weather-oriented feedlot conditions are to blame for the exodus, Barr said.

The hoop-like feeding structure is slated to be in place at the University’s R.T. Wright Farm by early summer and in use by fall. Barr said the facility is an added avenue

of undergraduate and graduate research the school is pursuing.

“Not only does it provide information to beef industry, but it provides opportunities for our students,” Barr said. “The students will conduct feed trials and compare beef-feeding facilities to feedlots. It also gives our faculty and students opportunities to present at symposiums.”

Northwest is one of a handful of colleges participating in the research effort. Southeast Missouri State and Lincoln are on-board for the project at their own respective campuses, while the University of Missouri and Missouri State are still in negotiations, Barr said.

Junior Ben Broderson said the addition helps students become career-ready while still in school.

“You add one more thing for professors to teach in class and then take students out (to the farm) to work hands-on with,” Broderson said. “This gives students the perfect opportunity to not only get hands-on learning, but also get valuable experience they can list when applying in the job market.”

The other grant, a \$150,000 sum from the U.S. Department of Agriculture Non-Land Grant Colleges of Agriculture Program, will assist

the school in a three-part endeavor to start a proposed Agricultural and Food Literacy Initiative.

“It allows us to utilize our resources to help people understand how agriculture and food are connected,” Barr said.

With the grant, Barr intends to create a summit hosted by Northwest for agriculture and food awareness for local educators. From that, he hopes to develop curriculum for middle-school students in the region who are without agriculture programs and outfit a trailer to take the curriculum on the road to those students.

“We’ll be reaching out to educators to attend the agriculture and food summit, and have a kick-off meeting to explain the trailer and field trips to the R.T. Wright Farm,” Barr said. “Once we find out the needs, we will then spend time as a faculty and staff to develop the curriculum.”

Barr expected the release of the initiative funds in October, but USDA officials submitted more inquiries to Northwest’s plan and delayed the grant’s release. After the inquiries are appealed, the school can go ahead with the project, beginning this spring or fall after further deliberation.



SUBMITTED | NW MISSOURIAN

Northwest students work on milking dairy cows Oct. 1, 2015.

MARIJUANA CONTINUED FROM A1

“Oftentimes it ends up (being) out of our hands and with the Drug Enforcement Administration (DEA) involved because it is so hard to regulate and control the substance,” Strong said.

The term medical marijuana refers to using the whole, unprocessed marijuana plant or its basic extracts to treat a disease or symptom, according to the National Institute on Drug Abuse (NIDA). The U.S. Food and Drug Administration (FDA), however, has not recognized or approved the plant as medicine. But, people are still using the plant to help treat a number of illnesses and diseases, though its true effectiveness is not yet known. This element of unknowing has created a divide.

There have been some studies which have shown the effectiveness of the drug though. Such as a 2015 research study by the Wexner Medical Center at Ohio State University. The study showed the cannabidiol (CBD) found in marijuana actually helped prevent the growth of tumors in breast cancer patients.

Maryville Public Safety Director Keith Wood supports the use of the drug for medical uses. However, he thinks full legalization will cause more problems than it solves. Wood said that he does believe there are

medical uses of the drug and things which are still unknown about the drug.

“I think there is a lot about marijuana that we as a society don’t know or understand,” Wood said. “I used to think there were no medicinal uses for it, but as the problem grew and changed over the past few years, it changed the way I thought about it. Now I believe that there may be some physical ailments that could be lessened by marijuana.”

Strong said one of the biggest issues arising from the legalization of marijuana is if people with prescriptions will truly use it for the prescribed use, instead of using it as a recreational drug.

Strong believes legalization of the drug would continue to cause problems instead of remedying any existing ones.

“I personally do not support the use of it,” Strong said. “While many others may, I have seen nothing but problems arise from the drug and can only see more problems continuing to arise after its legalization.”

A little more than 1 percent of the U.S. adult population uses marijuana based on a clinical recommendation, whereas 12 percent of adults use marijuana for recreational purposes, according to the Journal of American Medical Association. However, according to the NIDA, the legalization of the drug has de-

creased the number of overdoses on Opioid and was shown to have noticeable effects on seizure disorders, such as epilepsy.

Showing the true effects and uses of the drug for medicinal purposes is still unknown, and providing legal and practical access to marijuana may have both positive and negative impacts.

This is not the first time people have petitioned to get a medical marijuana on the ballot. In 2016 supporters petition to get a ballot and were denied. The ballot would have allowed the use of marijuana for medical purposes and created regulations and licensing procedures for marijuana and marijuana facilities.

The group, however, faced strong opposition from The Missouri Sheriffs Association against the use of the drug medicinally and all attempts to legalize marijuana. When it came time to tally signatures on the petition the petition fell 2,242 signatures short of the 32,337 needed to qualify in the Second Congressional District according to the Columbia Daily Tribune.

Supporters hope this year will be different as they have started spreading the word about the petitions early and have already begun collecting signatures in hopes to get enough signatures to put the issue into the voters’ hands.

Blotters for the week of March 2

Maryville Department of Public Safety

Feb. 13
There is an ongoing investigation for property damage at the 1700 block of East First Street.

Feb. 15
Authorities received a report of a grass fire at the 28200 block of B Highway.

Feb. 17
There is an ongoing investigation for larceny at the 1100 block of North College Drive.

Feb. 18
A summons was issued to **Leanna N. Mazzeffe**, 20, for minor in possession and receiving stolen property at the 800 block of North Walnut.

There is an ongoing investiga-

Northwest Missouri State University Police Department

Feb. 22
Five summonses were issued for liquor law offenses at Hudson Hall.

Feb. 23
Two summonses were issued to **Alexander Kelly, 19**, and **Zachary Rader, 18**, for possession of marijuana at Lot 10.

A summons was issued to **Antwine Johnson, 18**, for possession of marijuana at Millikan Hall.

tion for property damage at the 1700 block of North Grand Avenue.

A summons was issued to **Joseph D. Knapp**, 20, for possession of a fake I.D. at the 200 block of West Second Street.

Feb. 22
There is an ongoing investigation for tampering with a motor vehicle at the 200 block of James Avenue.

There is an ongoing investigation for larceny from a motor vehicle at the 1900 block of North Alco Avenue.

Authorities received a report of an industrial fire at the 600 block of Wilson Industrial Road.

Feb. 24
There is an ongoing investigation for larceny from a motor vehicle at the 100 block of North

A summons was issued for a liquor law violation at Perrin Hall.

Feb. 24
A summons was issued to **Corey Graham** for minor in possession at Millikan Hall.

A summons was issued to **Kelsey Adams, 19**, for possession of marijuana at Perrin Hall.

Two summonses were issued for liquor law offenses at Perrin Hall.

Four summonses were issued for liquor law offenses at Dietrich Hall.

Feb. 25

Mulberry.

A summons was issued to **Kaleb D. Elwood**, 19, for failure to comply at the 1100 block of North Main.

There is an ongoing investigation for larceny from a motor vehicle at the 1600 block of North Grand Avenue.

There is an ongoing investigation for larceny from a motor vehicle at the 800 block of North Main.

Feb. 25
There is an ongoing investigation for property damage at the 600 block of East Fifth Street.

Feb. 26
A summons was issued to **Chris E. Ndow**, 23, for no valid driver’s license at the 300 block of North Main.

A summons was issued for a liquor law offense at Perrin Hall.

There is an ongoing investigation for stealing at Lot 1.

Feb. 27
There is an ongoing investigation for burglary at Perrin Hall.

NEWS BRIEFS

Student Senate outlines Northwest budget

Student Senate gave a history brief of recent school budget cuts. Vice President of Student Affairs Matt Baker presented a breakdown of the budget to Student Senate Feb. 28 in preparation for a meeting March 2 to discuss budget cuts.

The budget is split between education and auxiliary services. Education services involve state funding, state appropriations, tuition and fees. When the budget is broken down, 56 percent goes toward staff, 13.8 percent goes toward general resources, 9.6 percent goes toward utilities and 20.2 percent goes toward scholarships.

The auxiliary service budget pertains to housing, food and textbooks. When broken down, 19.2 percent of the budget goes toward staff, 25 percent goes toward housing and the rest is spread throughout food and textbook services.

Northwest has been managing the budget cuts and tuition increases since the beginning of 2017. Northwest students and faculty are dealing with the issue of balancing lower taxes with tuition, because the lower state funding received, the higher tuition becomes.

The University is also addressing accumulating debt from the last time it refinanced the dorms. This and more will be discussed in the meeting on March 2.

Continued coverage of University budget cuts can be found in the Northwest Missourian.

Maryville man charged with sodomy

A Maryville man was sentenced to seven years in prison after he was found guilty of two counts of sodomy in the second degree.

Nathaniel Sims, 20, was charged with two counts of sodomy, a class C felony, after it was reported he had non-consensual oral sex with two different females at two different times.

According to the probable cause statement, the first count took place in October 2015 and the second took place during the summer of 2015.

The victim of the October assault, only identified as M.M.M in the probable cause statement, reported the sexual assault March, 15 2016. She reported that she was 15 years old at the time of the assault and that the assault took place at Westside Donaldson park.

Prosecuting Attorney Robert Rice was assigned to the case and recommended the court sentence Sims to ten years in prison.

Sims asked for probation, providing evidence from a psychologist that stated the likelihood he would re-offend was only seven to eight percent, but was denied.

One of the victims appeared at the sentencing to testify about how the crime impacted her life. The other victim chose not to attend.

After evidence was presented and argument by the council took place, the court ordered Sims to serve the maximum prison sentence for a class C felony, seven years in prison with the Missouri Department of Corrections.

WATCHES
FINE JEWELRY
DIAMONDS



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BATTERIES INSTALLED
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1002 SOUTH MAIN ♦ MARYVILLE, MO 64468


James Deatherage
Owner


(660) 582-5571
jd@creviston.com

STUDENT SENATE
ELECTIONS ARE SOON,
WILL YOU BE CAMPAIGNING?

Interested in Running?
Last Information meeting Thursday, March 2nd at
6 p.m. in Student Senate Office on Third Floor of the Union.
Campaigning for all positions ends March 12th.
Elections from March 13th-17th.

Students can vote on Bearcat Link by going to the
Student Senate Page, access the election tab,
and then vote for their respective class positions.





Student Senate is the elected, representative governing body of the Student Government Association. It makes decisions for the SGA, and expresses the official opinion of the Northwest student body. Any member of the student body is welcome and encouraged to join Senate as a non-voting Associate Member.

**Contact the
Missourian at
nwmadv
nwmissouri.edu**

COLIN VAUGHAN | NW MISSOURIAN

**Contact the
Missourian at
j.henderson.missourian@gmail.com**

YOUR NAME HERE

By Peter A Collins

Edited by Rich Norris and Joyce Lewis

1. "Dark Knight" actor
2. S. African plants

3. Castle in County Offaly, Ireland
4. White (French)
5. Morsel
6. Semitic language
7. Areas outside cities
8. Crackling
9. Cub
10. Landmark house in Los Angeles
11. Red Hot Chili Peppers bassist
12. Mineral
13. Late night host Myers
21. Pull along
23. Not good
25. British Air Aces
26. Upset
27. Maltreatment
28. Nocturnal, cat-like animal
29. Hollyhocks
32. Shelter
33. Finished
34. Discharge
36. "X-Men" actor McKellen
37. Beloved dish __ and cheese
38. Holds coffee
40. Languish
41. Quenches
43. Electric fish
44. Consume
46. Type of school
47. Erase
49. Educate
50. "Transformers" actress Fox
51. Spiritual leader
52. Every one
53. Site of the Taj Mahal
54. Welsh village
57. Weapon
58. Geological times
59. S. Asian crops
61. Soviet Socialist Republic
62. Witness

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By MetroCreative

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No matter what your feelings are about the president, you are sure to get a laugh out of this little guy. Chuck Williams, 56-year-old Wisconsin native, has made a Trump Troll doll. The doll includes the signature troll hair and lifelike body parts.



SOURCE: INDY100.COM

Anthony Naimo



Freshman Anthony Naimo started his own business right from his dorm room by printing his photos on shirts and accessories as well as printing out designs.



ALEXIS GEISERT (LEFT) SUBMITTED (RIGHT) | NW MISSOURIAN

Freshman entrepreneur starts business out of his dorm

REBECCA BOREN
A&E Editor | @beccalynnborn

The odds were stacked against sophomore Anthony Naimo from day one. He was born to 17-year-old parents in St. Louis and made it to Northwest to study studio comprehension.

Not only is he a success as a student in the honors program, but he just started his own company right out of his dorm room.

“Part of the struggles growing up with the young parents was the lack of financial stability,” Naimo said. “They had to work weird hours so that one of them would be home with me. I had to spend a lot of time with my grandparents or in daycare.”

Thankfully for Naimo, his parents were able to move up in their jobs and their schedules evened out. His dad started out as a tattoo artist before doing an apprenticeship for a locksmith. He started and sold his own locksmith company so the family could afford to move to St. Charles.

His mother worked at Baskin Robbins before getting a job at Equifax, where she helps maintain company accounts and travels frequently.

Perhaps it was Naimo’s parents that inspired him to become a young entrepreneur. Regardless, he arrived at Northwest with a clear understanding of what it means to work for what you want.

“I knew Northwest was very good at giving students hands-on experience early on, which was critical to my decision to come to school here,” Naimo said. “I didn’t want to spend three years at another university before I finally got hands-on ex-

perience and then end up hating it.”

However, the transition into college is never easy.

“We had to take a personality test in University Seminar to tell us different characteristics about ourselves,” Naimo said. “Mine came back and told me I had a 99 percent chance of not finishing my degree. That was really disheartening.”

While education is extremely important to Naimo, he has peers who dropped out of college and went on to be successful by following their passions.

“I do not know if college is the right path for me,” Naimo said. “Is this investment worth it to me?”

Naimo’s business is called I Failed Art Class Designs, a t shirt company with a fitting name for the unique designs.

“It is a commentary on the idea that there are different definitions of art,” Naimo said. “I do apparel, accessories and print design. We are fairly early on in establishing ourselves. It has been a childhood dream of mine to run a business.”

Naimo first realized the importance of expressing yourself through clothing when he was a child. He even pleaded with his mother to buy him one particular T-shirt.

“It was military green with poorly drawn stick figures and in this sans font it said ‘Don’t make me get my flying monkeys!’ It doesn’t make any sense, but I really wanted it,” Naimo said. “My mom wouldn’t let me get it, but the idea of expression through apparel has stuck around.”

Naimo puts his own artwork on the clothing and has been accumu-



SUBMITTED | NW MISSOURIAN

lating designs for several years. He keeps an art journal in his backpack. Whenever he has an inspiration, he either draws ideas or writes down notes to base a design off of later.

His favorite kind of art is a unique form called blind contour, a style that was introduced to him in his senior year of high school.

“I look at an object and do not look at my page at all, which is why they are more free form and expressive,” Naimo said.

This style forces the artist to draw without criticizing every line he or she makes or over-analyzing the piece.

Naimo has a functional website, but he is hoping to put more effort into making the website look better, now that he is finished with midterms. He has taught himself all of the designing and programming he has done so far.

When people order a shirt, they pick the cut of the shirt as well as the color, then they select the design. T-shirts sell for \$17 and sweatshirts sell for \$23.

Naimo takes a picture of the design, uploads it to photoshop to edit it and perfects the final product. He then prints the design and uses a hot press to transfer the design onto the shirt.

Naimo has not turned a profit quite yet, but he has had many orders.

“It is also really satisfying to know that there is a want for it and people are buying my work,” Naimo said.

Tim Ferriss is an entrepreneur that Naimo has taken inspiration from.

“Scratch your own itch,” Ferriss said in his list of 10 tips for business start ups. “Make what you want to see or see yourself.”

Naimo is not sure if he wants to make a career out of his business. Right now, it is just a project.

“This could still fail; I have no idea what I am doing, but I am figuring it out and it is a really fun adventure,” Naimo said.

Freshman Theater Technical and Design major Brenna Michels met

Naimo at Summer Orientation Advisement and Registration.

“I was sitting by myself, and he came over and struck up a conversation,” Michels said. “We stayed in contact over the summer, and he was the only person I knew here at Northwest when school started. We’ve been really good friends since then.”

Michels played a key role in Naimo’s business, because he made the first t-shirt in her dorm room.

“I think the business is fantastic,” Michels said. “It is such a cool concept, especially because it’s all his original artwork.”

Michels is inspired by Naimo’s constant drive.

“Anthony is probably the most passionate person I know. He is so creative and talented, which fuels his passion. If he wants to do something, he will work so hard to achieve his goals,” Michels said. “Anthony is going to be incredibly successful in his future, no matter where life takes him.”

Despite the obvious success, Naimo hit a low point shortly after his family moved. He saw the new town as an opportunity to reinvent himself, but things went wrong quickly.

“I fell into the wrong group of people. I realized I needed out before I ruined my life,” Naimo said. “They were doing drugs, vandalizing property and getting drunk, and I wasn’t like that.”

Naimo follows the philosophy that people are the sum of the five peers they surround themselves with. He removed himself from the group, but was left feeling alone and isolated.

“There were some nights I seriously considered killing myself,” Naimo said. “I lived right next to where Louis and Clark started their expedition. I was going to drown myself.”

The only thing that kept Naimo going was the belief the difficult times would eventually be over.

“You have to go through the

lowest lows to feel the highest highs,” Naimo said.

To keep himself busy, he joined theater, a decision that ultimately changed his life.

“I found a new family and purpose there,” Naimo said. “Growing up, it was hard for me to express myself and communicate, but theater gave me an outlet to do that.”

One of the things to drag him out of this dark place was the purchase of his first camera.

Naimo’s friend Brendan Batchelor had his 15-minutes-of-fame when his photos of a girl’s senior pictures in Taco Bell went viral. Shortly after this, he decided to invest in a newer camera, so Naimo bought his old one.

“It was the camera he learned to shoot on; it was his baby. It meant a whole lot to me,” Naimo said.

Naimo used urban exploration to document some of the abandoned buildings in his hometown.

“I would take pictures of beautifully crafted buildings that had been abandoned. More and more, these buildings are being demolished and replaced by cookie cutter housing developments,” Naimo said. “I just wanted to preserve it as much as I could.”

One of the things Naimo loves about art is how much there is still left to learn.

“I took photos of the stars for the first time and I was amazed about how much I could see,” Naimo said.

Eventually, he wants his company to incorporate his photos as well as his artwork.

“One of the reasons I started this company was because I wanted a foundation to put my art out there,” Naimo said. “I really hope this takes me on my next big adventure.”

Regardless of where the company ends up, Naimo is proud of what he accomplished and thankful for what the experience taught him.

“I am an artist. It is what I was meant to do,” Naimo said.



SUBMITTED | NW MISSOURIAN

Humane Society faces kitten cat-astrophe

MICHEAL CRIFE
Missourian Reporter | @MikeCripe

After a week of searching and a couple of broken hearts, one of two nine-week-old kittens is still missing after being kidnapped from the New Nodaway Humane Society.

Onyx and her sister, Obsidian, are two black long haired cats who had little more than a month in the humane society before an annual Valentine’s Day event came around, offering special deals to visitors.

Deals like this are rare, bringing in droves of customers looking to adopt. With the Humane Society already being a very popular place for college students to visit, a deal such as this only multiplied attendance.

Unfortunately, in all of the commotion, it is believed from 2 p.m. to 3 p.m. Feb. 18, a customer entered the store, slipped Onyx into their pocket, and left without notice.

After searching every corner of the shelter, calling any and all who signed into the shelter that day and filing a police report, employees can only assume the kitten is long gone from the shelter.

To make matters worse, just a couple of days prior to the suspected kidnapping date, someone who had been looking for two adorable kitten sisters ad-

opted the pair.

Of course, the news of Onyx’s disappearance was devastating to the owner, as the two cannot be together until Onyx is found.

With Obsidian living with her new owner, the only thing left on Onyx’s old cage is a sign reading “Do not remove this animal,” a rule one customer failed to follow.

Jo Nastasio, a kennel attendant who has watched over the cats for about eight months, says she and the rest of her coworkers are nothing less than shocked. She said sometimes it comes down to trusting those who come into the shelter, because offering even a potential life outside of a shelter for the animals is better than them staying.

“Anybody could have walked right out the door and nobody would have caught it, just because we were so busy,” Nastasio said. “The owner knows we care about the animals, and isn’t upset with us. They are just more upset that someone would walk out of the shelter with an animal like that.”

Nastasio described the two sister kittens as two sides of the same coin, with Obsidian being outgoing and playful, while Onyx is more timid and quiet.

She also states that Onyx’s shyness is only magnified when separated from her sister.

Since the kidnapping employees at the shelter have been more

concerned for the safety of the animals. They are worried this incident could be stemming from a much larger problem.

While Nastasio dreads moments when a caretaker mistreats an animal, she says it is worth it to help nurture them back to happiness.

“We’ve had some animals just dumped off in the front parking lot,” Nastasio said. “But they come in here and we’re their voice, and it makes you feel good at the end of the day when you get to take care of them. We work with them every day, so sometimes you can take a feral cat and turn it into a loving house cat, and that’s pretty rewarding.”

When it comes to Onyx though, all the shelter can do at this point is wait.

Rick Gonzales, a volunteer at the humane society, was open to talking about the devastating loss the shelter had suffered after Feb. 18, but has done his part to get the word out about the missing kitten.

“Need your help... see message below. Please share,” Gonzales wrote on his Facebook wall above a picture with Onyx’s information. Information about Onyx is also available at the New Nodaway Humane Society.

If you hear or see anything about Onyx call the New Nodaway Humane Society at (660) 562-3333.

MISSING!

REWARD



REWARD

Onyx (adopted kitten)

has been missing since

Saturday AM - Feb. 18, 2017

from the

New Nodaway Humane Society

Name: Onyx

Sex: Female

Age: 9 weeks

Details: Onyx is a black long haired kitten with a smoke grey around her face. Onyx is fearful, shy and timid without her sister.

ANY INFO CONTACT

(660) 562-3333

newnodawayhumanesociety@gmail.com

 /NodawayHumaneSociety

THE STROLLER:

Your Bearcat wants you to get outside

Despite the surge of temperatures and nice weather, campus is looking as desolate as it does when there is a foot of snow on the ground.

Bearcats, enjoy the vitamin D and beautiful days while they last. It is not often you get to wear shorts and sandals in early March. It is good for your mood, it is good for your health and it is good for your sanity.

One of the wonderful parts of

attending Northwest is our beautiful campus grounds. If you get tired of walking the same sidewalks everyday, Mzingo is just a short drive away. Take advantage of the beach and walking trails. Skip the depressing library study rooms and take your homework to a picnic table instead.

Instead of working out in the gym, get some fresh air and run

outside. Grab some friends and play some volleyball; there are courts at every residence hall. If you head over to the high rises, tennis courts and basketball courts are at your disposal.

Maryville also has an abundance of parks. Swingsets provide a cathartic experience for me that nothing else seems to be able to match.

The library is still available when

there is snow in the forecast. The walls of your dorm room or apartment are not going to change. The Netflix shows are still going to be there when you get back.

Buy into spring fever. Spring break is only 16 days away, but you do not have to wait that long to be happy and healthy.

Enjoy the sun, Bearcats. You are going to miss it when it goes away.

*Yes, I acknowledge global warming. It stresses me out. However, I choose to enjoy the day while still finding ways to reduce my personal carbon footprint and you should too.

The Stroller has been a tradition since 1918 and does not reflect the views of The Northwest Missourian.



STUDENT ACTIVITIES COUNCIL

MARCH

EVENTS

MAR 9

Late Night at the Rec
8pm @ The Rec Center

MAR 11

Filharmonic
7pm @ Performing Arts Center

MAR 30

Grocery Bingo
8pm @ Union Ballrom

MAR 31

Laser Tag
6pm @ Martindale Gym

Join us for our weekly meeting

5 pm every Thursday in the Union Boardroom

For more information email: sac@nwmissouri.edu or call: 660.562.1226

Avoid returning from spring break spring broke

ALY BAKER

Opinion Columnist

@alybakecake



World’s shortest horror story: I graduate in April and I have less than \$10 in my savings account.

Being a senior, I have fully experienced college and how broke it seems to make everyone. I went through a retail therapy phase during my first semester at Northwest. Looking back, I know I could have changed my spending behavior and spent significantly less.

No matter what year of college you are in or what stage of life you are experiencing, it is possible to turn your life around and start saving money. This is especially important in the weeks before spring break.

I am going on spring break and I want to be able to come back and still be able to afford rent and groceries. In order to do this, I need to change my lifestyle a bit. Together, we can save ourselves from going “spring broke.”

Swap wardrobes with your friend.

Instead of going out and buying a week’s worth of new clothes, head over to your friend’s house and borrow the romper you have been dying to wear. By switching clothes, you and your friend both benefit. You save money and get new clothes for the week.

Start grocery shopping and meal planning instead of going out to eat.

By doing this, you can save money by purchasing a couple weeks’ worth of meals instead of one expensive, and most likely un-

healthy, meal at a time. This saves you money and helps you work towards that beach body you may or may not have been dreaming of.

Set up a savings account that will automatically take money out of your checking each month.

I may be behind on the times, but I recently discovered my bank allows me to set up scheduled withdrawals from my checking account. I can set them to any amount to be taken out weekly, biweekly or monthly. I made two accounts: one for the two bridesmaid’s dresses I need by May and one for my life after college. These accounts take \$25 each from my checking account each month.

Save your change.

Although those nickels and dimes seem worthless, every cent adds up. My parents hate it and my friends think it is hilarious, but I keep an empty vodka bottle on my desk to hold my spare change. I also keep an empty plastic gum container in my car to hold my change. When these fill up, I will deposit them into savings. My parents once saved change in a 5-gallon water bottle and it equaled over \$1,000. Another common concept is saving \$5 bills.

Keep a picture or a list of things you are saving for in your wallet.

If you are constantly reminded of what you are working towards, you will be less likely to spend excess money that you could be saving. You will keep your frivolous purchases to a minimum.

I am horrible at saving money, and I know I am not the only one. Even though I will be graduating soon, it is not too late to change my behavior. It is never too late to start saving money and preparing for your future.

Results were not available for Maryville boys basketball’s sectional matchup against Lawson upon publication. Follow **@nwmsports** on twitter for results.

MEN
CONTINUED FROM A12

“I’m just trying to keep it light,” Mosby said.

As the media luncheon is usually a professional setting, Mosby softened the mood with a few tunes leaving the entire room in laughter.

With music in the background, McCollum stuttered over his words. The coach briefly ended his list of short announcements but not until he let out a burst of laughter with the rest of the room.

“We’re excited about the post-season; we’re excited about the ukulele,” McCollum stammered. “That’s it, I’m done.”

Heading into the MIAA tournament, Mosby is not the only one in a cool state of mind.

“It’s everybody,” Schneider said. “D-mo (Mosby) definitely brings that laid back attitude. He definitely takes on that mantra. We just enjoy being around each other.”

The only real concern for North-

west moving forward may be the health of guard Justin Pitts. The junior has been under the weather over the last two games.

“Justin wasn’t anywhere near healthy,” McCollum said. “He played as good as he could, but hopefully we will get him totally healthy for the conference tournament.”

Though the two-time MIAA player of the year has not been 100 percent, McCollum has full faith in the guard’s playing time.

“He’s a tough kid,” McCollum said. “He’s going to play. When he’s at full strength, he’s a different level player.”

The rest of the team seems to agree that Pitts should be healthy come March 2.

NEXT GAME
Northwest vs Lincoln
MIAA Quarterfinals
Kansas City, MO
March 2 @ 6 p.m.

PROGRESS
CONTINUED FROM A12

Following Northwest’s nine-game losing streak, players met to figure out what caused the team to fall into a slump. After the meeting, Northwest began to exhibit the same efficiency that allowed it to jump out to a fast start earli-

er in the season. Younger players began to leave their mark and key players such as Meyer returned from injuries.

Two of Northwest’s top-three scorers are scheduled to return next year, including Howe and sophomore Arbrie Benson. With the addition of six recruits who signed to play in the 2017-18 season, Northwest appears ready to revamp the roster.



Senior forward D’Vante Mosby grabs an easy layup against a Lincoln defender Feb. 25.

BRIA CREEDEN | NW MISSOURIAN

DISASTER
CONTINUED FROM A12

Sprinkle in athletes such as the physical Anthony Woods, multidimensional Xavier Kurth and freshman sensation Ryan Welty and the recipe is complete.

Woods can make his own plays with the ball. The senior gives start-

ing point guard Pitts the necessary rest and recoup, while also locking down some of the most elite guards in the country.

Kurth handles the little details that do not appear on the stat sheet. Every team needs this type of player, and junior fits the bill. Kurth’s rise as an all-around guard puts him in a possible X-factor position come late in the postseason.

Last but not least is the deadly 3-point specialist, Welty. He is shooting an incredible 67 percent from deep and has done what most freshman can only dream of.

All of these special ingredients have formed a recipe for disaster, not for Northwest, but for any team that may stand between the Bearcats and the program’s first national crown.

More importantly, five of the six newly-signed recruits play guard, Northwest’s most needed position. After recording a turnover margin of -5.71, the worst in the MIAA, Scheel decided an overhaul at the primary handling position was necessary.

While Benson has shown her ability to take over a game, she is best suited as an off-ball guard

that creates her own shots, not a facilitator. That is why younger players such as sophomore Macy Williams must emerge as the point guard that Scheel has lacked during his time at Northwest. If not, one of the newly-signed recruits will be given the opportunity to serve that role.

If Northwest can build on its bright spots, such as shooting and

young talent, it should see another season similar to this year’s in regards to improvement. Scheel has tangible proof that his team is improving, as evident by its postseason berth. With key players returning and youth aging, Northwest should feel excited for next season.

“We continued to take the next step,” Scheel said. “Now, we have to come out (next season) and do better.”

ATHLETES of the WEEK

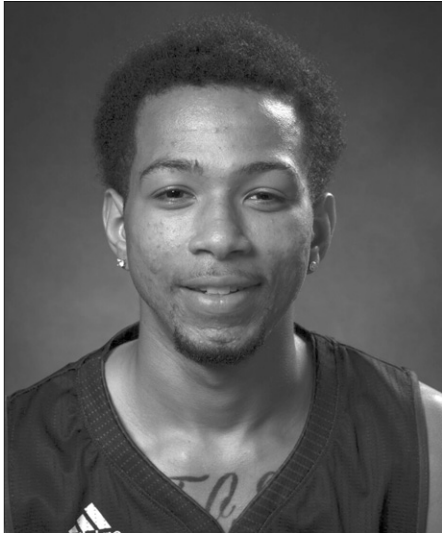


BEARCATS

SPOOFHOUNDS



Justin Pitts



The junior guard was named the MIAA Player of the Year for a school-best second time. Pitts averages 19.3 points and 5.3 assists per game heading into the MIAA Tournament.

Tanya Meyer



The junior forward put up 12 points in a 67-50 loss to Central Oklahoma in the first round of the MIAA Tournament. Meyer also led the Bearcats with 12 rebounds.

Eli Dowis



The sophomore put up 21 points in a 67-60 victory over Penney in the Class 3 District 16 Championship game. Dowis also put up 7 pints in a semifinal victory over Bishop LeBlond.

John Zimmerman



The senior put up 18 points in a 67-60 victory over Penney in the Class 3 District 16 Championship game. Zimmerman was also named to the All-District team.

On Guard

Equipment donation launches Fencing Club into fresh start



ANNASTASIA TUTTLE | NW MISSOURIAN
Don Dino recently donated his equipment to the Northwest Fencing Club.

JUSTIN QUICK
Sports Reporter | @TheMissourian

The Northwest Fencing Club looks to grow and expand its outreach, following a generous donation of equipment.



Don Dino, father of Dee Dino Office of Student Involvement Specialist, recently donated some of his personal fencing equipment to the Northwest Fencing Club. The donation included both electronic competition and dry training equipment. These donations have helped combat the expensive nature of the sport. The donations cut the cost of participating by nearly 85 percent.

“Each sport club member has to pay a due,” Director of Student Recreation James Hinson said. “The equipment has helped out a lot because it brought that due down from about \$200 to in the range of \$15 to \$30.”

Don Dino graciously provided the club with more than 20 foils, along with multiple head and chest protectors. The biggest contribution

he made was an electronic scoring system. Don Dino is a retired fencing master who choreographed fight scenes for the Shakespearian Stage Festival in Boulder, Colorado. Dee Dino said her father really wanted to donate the equipment to someone who would make good use of it.

“The motivation for his donation was the recent resurrection of the Northwest Fencing Club, and a willingness by Northwest to accept and utilize the donation,” Dee Dino said.

The Fencing Club has been officially revived after nearly eight years of not having enough interest. The sudden resurgence of the club brings hope that, with time, more students will become interested with lower costs available. The club meets every Monday, Wednesday and Thursday from 7 p.m. to 8:30 p.m. for practices.

“At the student organization fair last year in the fall, we had at least 20 students sign up showing interest. It was the fee that turned them off,” Hinson said. “With having this equipment we should have a significant amount

of students wanting to do fencing, and we can make it available to them.”

The low costs will help bring in new members who are looking for fencing experience without having to travel to a larger community. Without the club on campus, students would have to travel to Kansas City in order to join a club.

“Most kids have to go to Kansas City, Des Moines or Omaha to find any type of involvement in a fencing organization,” Dee Dino said. “With not having anything like that in our area, we might have more of a draw.”

The club has aspirations of more than just on-campus activities. With little support for fencing in the local area, the club will look for fundraising to help bring in money and send members to competition and tournaments.

“Fundraising is the major thing for our club sports. We would like to eventually have members go to tournaments around the Des Moines, Omaha and Kansas City areas,” Hinson said.

Pair of relays finish among conference best

TRENT SPINNER
Sports Reporter | @TheMissourian

The Northwest track and field team struggled to find rhythm, but the distance medley team headlined at the MIAA Championships in Joplin.



The Bearcat men took home eighth place, with a score of 40 points, while the women took ninth place, accumulating 34.5 points. The overall winner for the meet was Pitt State. The Gorillas demolished both sides of the competition as the men scored 121.5 points and the women put up 170.

“We didn’t run the fastest we could down there, and we saw the results,” coach Scott Lorek said. “We have not reached our peak just yet; it’s just another step in our progression.”

Spotlights were limited for the Bearcat runners, but the relay teams stole the show. The women’s side was led by the 4x400 meter relay team consisting of Hiba Mahgoub, Emily Wedlock, Zenova Harris and the anchor of the team, Jordan Hammond. The relay team earned a bronze medal with a NCAA provisional time of 3:54.70, prompting the second best finish for the Bearcats in the meet.

On the men’s side, the distance medley team consisting of Tim Grundmayer, Derek Templeman, Joe Anger and Ryan Cox took home MIAA gold.

“Going into it, the distance medley team was one of the main ones we wanted to win,” Lorek said. “Lindenwood the whole time was planning on winning. They were quite disappointed by the ending result.”

The Bearcats just edged out the Tigers as Northwest came in with a time of 10:13.12, beating Linden-

wood by just 1.65 seconds. For seniors Joe Anger and Ryan Cox, this was a repeat of a golden finish in last year’s MIAA Championships.

“It’s a good feeling to have back-to-back titles. It’s a good prize to have,” Cox said. “We definitely expected to have it though, based on the talent that we have.”

For Cox, a gold medal was not enough as he pushed boundaries to achieve a second podium finish in the men’s mile. Cox posted a 4:16.37 to claim All-MIAA honors and a bronze medal to add to his collection. Cox was not the only runner to obtain individual glory. Junior Brandon Phipps took home a third place, All-MIAA honor finish in 5,000 meter run with a time of 14:55.46, and just missed the cut for a second podium finish on the final day by 5.25 seconds.

The conclusion of the MIAA Championships brought the Bearcats’ indoor season to a close, as no one qualified for the national championships in Birmingham, Alabama.

“We knew that no one really had hit the times to go. We had people ranked, but they weren’t ranked high enough,” Lorek said. “We never hit our peak in the indoor season, so these next three weeks will be used for nothing but getting better for the outdoor season.”

The first outdoor events for the Bearcats will begin with the ESU pre-spring break meet and the Tulsa Duels the weekend of March 17 in Emporia, Kansas and Tulsa, Oklahoma.

NEXT GAME		
Northwest @ Emporia State		
March 17 All Day		



Junior multi-event athlete Kevin Schultz runs for the bar in practice Feb. 28.

SHAWNA KINGSTON | NW MISSOURIAN

SPONSORED BY NORTHWEST MISSOURI STATE
ATHLETIC DEPARTMENT

NW BASEBALL

MIAA Standings

	Overall	MIAA
Central Missouri.....	11-2	3-0
Emporia St.....	10-2	3-0
Northeastern St.....	9-3	3-0
Missouri Western.....	6-7	3-0
Central Oklahoma.....	9-2	2-1
Lindenwood.....	8-5	2-1
Southwest Baptist.....	8-3	1-2
Missouri Southern.....	8-6	1-2
Nebraska Kearney.....	7-5	0-0
NORTHWEST.....	8-5	0-3
Washburn.....	8-6	0-3
Pittsburg St.....	6-7	0-3
Fort Hays St.....	5-20	3-14

March 3-5
Lindenwood at Northwest

NW SOFTBALL

MIAA Standings

	Overall	MIAA
Missouri Western.....	16-4	0-0
Southwest Baptist.....	11-3	0-0
Central Oklahoma.....	9-3	0-0
Pittsburg St.....	13-5	0-0
Northeastern St.....	6-5	0-0
Emporia St.....	13-11	0-0
Washburn.....	10-11	0-0
NORTHWEST.....	4-6	0-0
Fort Hays St.....	5-8	0-0
Central Missouri.....	6-11	0-0
Missouri Southern.....	6-11	0-0
Lindenwood.....	3-6	0-0
Nebraska Kearney.....	1-15	0-0
Lincoln.....	0-12	0-0

March 4
Northwest vs Maryville College
Northwest vs Drury

March 5
Northwest vs McKendree
Northwest vs Upper Iowa
***All games held in Joplin**

NW MEN’S BASKETBALL

2017 MIAA Men’s Basketball Tournament

Northwest Missouri

March 2 @ 6 p.m.

Lincoln

Fort Hays St.

March 2 @ 8:30 p.m.

Missouri Southern

Nebraska Kearney

March 2 @ 12 p.m.

Washburn

Central Oklahoma

March 2 @ 2:30 p.m.

Central Missouri


March 4 2:30 p.m.

March 5 1 p.m.

March 4 12 p.m.

MIAA CHAMPION

*All games held at Municipal Auditorium in Kansas City



Softball Results

Feb. 10

Arkansas Tech **L 6-0**
Arkansas at Monticello **W 9-2**

Feb. 11

Harding **L 1-0**
Henderson State **W 1-0**

Feb. 17

Illinois Springfield **L 5-7**
Southern Arkansas **L 6-5**

Feb. 18

Ouachita Baptist **W 8-1**
Southern Nazarene **L 5-3**

Feb. 19

William Jewell **L 5-4**
Rockhurst **W 5-3**

SOURCE: BEARCATSPORTS.COM LIZ MORALES | NW MISSOURIAN

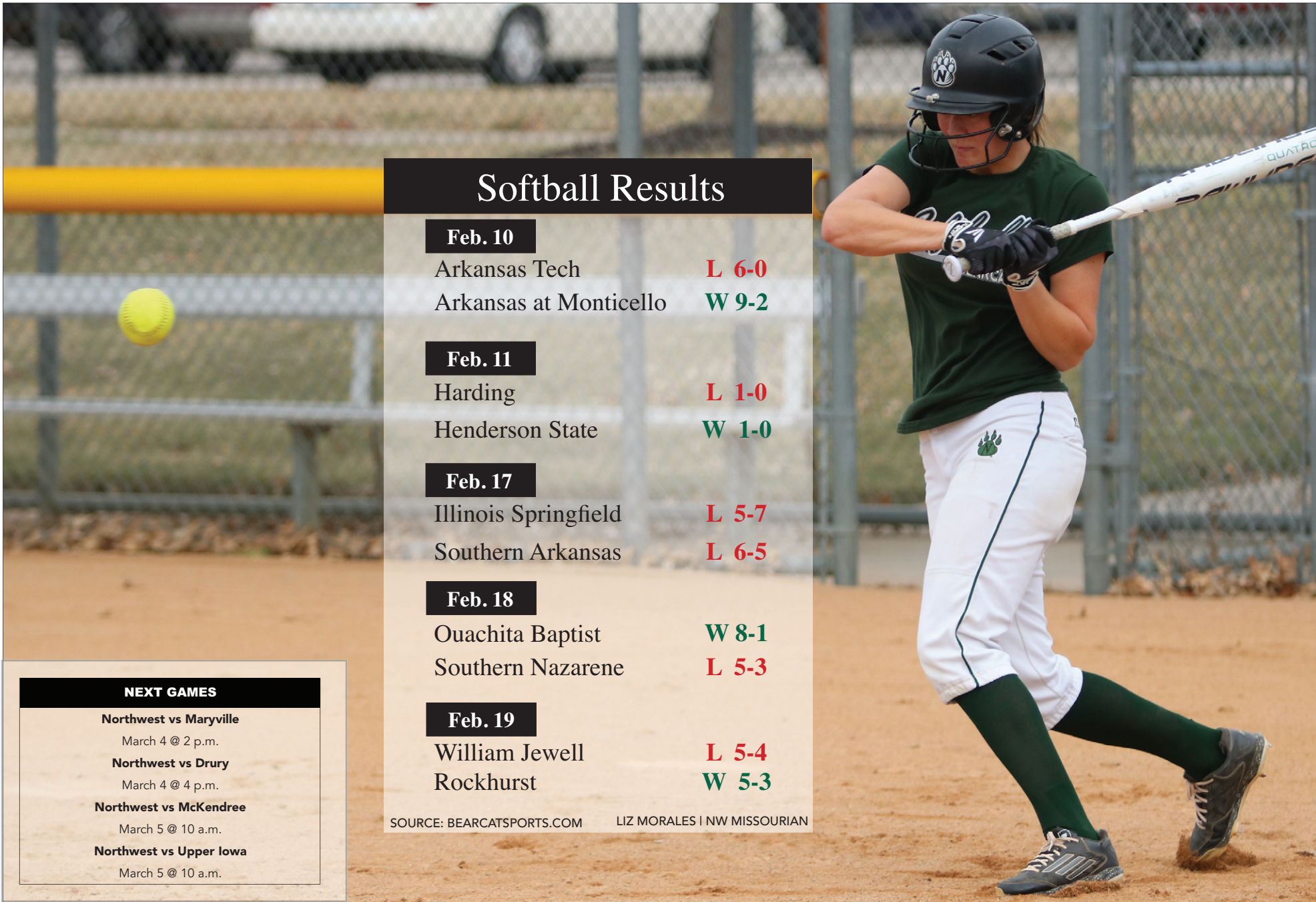
NEXT GAMES

Northwest vs Maryville
March 4 @ 2 p.m.

Northwest vs Drury
March 4 @ 4 p.m.

Northwest vs McKendree
March 5 @ 10 a.m.

Northwest vs Upper Iowa
March 5 @ 10 a.m.



Senior infielder Torri Blyth swings her bat in full force in practice Feb. 27. Northwest softball will host its first home game March 10 at 2 p.m.

DYLAN COLDSMITH | NW MISSOURIAN

Softball takes time to recoup

AMBER GIERSTORF
Sports Reporter | @ambermae30

After a much needed break from competitive action, Bearcat softball is back on the road. Northwest is facing off against Maryville College and Drury University in Joplin March 4. Northwest spent the first two weeks of the season in Bentonville, Arkansas battling against teams from throughout the region. After 10 games on the road, the Bearcats spent the weekend of Feb. 25 and 26 recuperating and preparing for their trip to Joplin.

In its second weekend in Bentonville, Northwest finished with a record of 2-4. Feb. 17, the women



fell 6-5 to Southern Arkansas and 7-5 to Illinois-Springfield. The following day, they beat Ouachita Baptist 8-1 but lost later that day 5-3 against Southern Nazarene. They closed out the weekend with a 5-4 loss to William Jewell and a 5-3 win over Rockhurst Feb. 19.

Northwest had a rough weekend both on and off the field. Sophomore pitcher Rachel Smith, sophomore first baseman Alexis Kelsey and junior catcher Jessica Rawie sustained injuries. Sophomore first baseman Alexis Kelsey also suffered a torn ACL and partially torn medial meniscus.

Graduate Assistant Stephanie Bagwell said that the injuries were tough to deal with, but the team members stepped up and filled those

spots the best they could.

“Injuries plagued us and it did affect us, but I thought that overall, we fought really well,” Bagwell said. “The girls that stepped in did a good job and we battled throughout the whole weekend. The scores were close and they were all good games.”

The Bearcats finally had a gap in their schedule the following weekend, which allowed the athletes to rest and rehab their injuries. Northwest had a busy first few weeks of the season, so Bagwell said this break was much needed for everyone.

“After playing 10 games in the first couple weekends we had some soreness, which is typical, so it was nice for them to get refreshed and

get the treatment that they needed,” Bagwell said.

The Bearcats have spent the majority of the season so far traveling long distances for tournaments, which often has an effect on a team’s performance. Coach Ryan Anderson says the distance plays a role, but the girls need to prepare for that and play the same way they would if they were staying in Maryville.

“Whether we’re playing at home or away it shouldn’t matter,” Anderson said. “We’re playing the same team, we’re splitting the same amount of innings, so we just have to come through.”

Northwest has one more weekend on the road before it finally gets the homefield advantage. The Bearcats open up their home sea-

son , March 10 with a double header against Lincoln University. The next day, they will have another double header, this time hosting Lindenwood.

Bagwell said the key to stringing together wins is going to be their hitting. The coaching staff is encouraged by what they have seen so far, but they are confident that the team is going to continue to improve in the batter’s box as the season progresses.

“It’s been a little slow...we’re seeing different movement and different speeds, but the bats are going to get hotter from here on out, in my opinion,” Bagwell said. “I think things are definitely going to heat up, but we really aren’t disappointed with where we’re at.”

Baseball’s First 13 Games	
Pitching	Batting
115.2 innings pitched	458 at bats
3.19 ERA	0.271 avg
52 runs allowed	81 runs
5 homeruns allowed	7 homeruns
SOURCE: BEARCATSPORTS.COM	LIZ MORALES NW MISSOURIAN

Humbled in MIAA opener

JAMES HOWEY
Chief Sports Reporter | @How_eyseesit

The Bearcats got a tough first taste of MIAA action in their series against Northeastern State.

Northwest (8-5) was swept in a three-game road series against the Riverhawks (9-3) Feb. 24-26. The Bearcats almost salvaged one win from the weekend when senior pitcher Anthony Caenepeel went six scoreless innings before allowing a three-run blast in the bottom of the seventh inning.

Northwest went on to lose the game 3-2 and Caenepeel fell to 3-1 on the season. Coach Darin Loe said he thought pitching was still a positive, despite the rough series.

“I thought Anthony Caenepeel threw well and I thought Eddy Kraeber threw well out of the bullpen day one,” Loe said. “For whatever reason, we weren’t 100 percent on our game. As average as we played, we were still in those games and still could have won any one of those games, if not all three.”

Northwest struggled to produce runs during the series. Ju-



nior infielder Kevin Handzlik said Bearcat hitters putting too much pressure on every at bat was the cause for their struggle.

“We’re great, intelligent hitters. This weekend hurt us a little, putting pressure on ourselves in a non-pressure situation that we have been facing all year,” Handzlik said.

The pitching staff came into the season as the strength of the squad and they lived up to that early on. Handzlik praised their pitching for being something they can lean on when hitting is in a slump.

“Our pitching is always going to be good, and that’s always going to keep us in the game,” Handzlik said. “What is amazing about our team is that we played horribly and we were still in these ball games.”

Handzlik said the players’ nerves were shown in the first conference series, and simplifying their approach is the key to getting back on track.

“Starting conference play is always exciting and a little bit nerve-racking, which I think showed this weekend,” Handzlik said. “When we tell the offense to see a ball up in the zone, we want to drive it as hard as we can and get on base. When we

have struggling weekends like we did offensively, we always say to simplify the approach.”

The Bearcats will play March 3-5 against Lindenwood in their first home series of the year. The Lions are coming off a pair of wins in a three game series versus Missouri Southern, and sit at 8-5 on the season. Loe said Northwest will need to be on its game for any MIAA foe it will face this season.

“We’re going to have to play well to beat anybody in the league, so hopefully, we can get back to how we were playing in those first 10 ball games,” Loe said.

Handzlik said being at home is definitely refreshing for the team.

“You talk about going on the road for your first quarter of the season; it’s really tough,” Handzlik said. “We played some great competition, and now it’s kind of nice to have some nice weather and play at home.”

NEXT GAMES

Lindenwood @ Northwest
March 4 @ 2 p.m.
March 5 @ 1 p.m.



Senior pitcher Anthony Caenepeel winds up his pitch at practice Feb. 27.

HANNAH WOODSON | NW MISSOURIAN



Happy Hour

Monday - Friday: 3-6pm

Watch Live Bearcat Games


Outdoor Patio and Games

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